

## Gym membership discounts and wellness



**Gym memberships** to acac Eagleview and West Chester are provided at discounted rates to support the health and wellness of our employees. There is no enrollment fee for Hankin employees at either facility.

Employees must use the membership a **minimum of 4 times per month**.

### **Acac Eagleview discounted monthly rates for Hankin employees:**

Individual rate: **FREE**  
Couple rate: **\$30**  
Family rate: **\$48**

### **Acac West Chester discounted monthly rates for Hankin employees:**

Individual rate: **\$47**  
Couple rate: **\$119**  
Family rate: **\$139**

To enroll you can email the acac Site Manager Gina Collins directly at [ginaco@acac.com](mailto:ginaco@acac.com)

She can set up a time to tour the facility, go over the policies and do the paperwork.



### **Cigna participants – Through my.cigna.com**

Through Active & Fit Direct

Starting at just \$28/month, Cigna customers can enjoy membership benefits that include:

- Find your perfect gym from 12,700+ options nationwide, including 24 Hour Fitness, EoS Fitness, Crunch Fitness, Anytime Fitness, Blink Fitness, Chuze Fitness, and more.
- Membership options for your spouse. No long-term contracts.
- FREE 12,000+ on-demand workout videos before you enroll. Just create an account.

Go to Perks & Programs, Nutrition & Fitness, then Get fit with Active&Fit Direct

### **Also utilize the many Wellness – Perks & Programs Cigna offers including:**

Condition management, Health and Wellbeing, Maternity & Family, Mental Health, Virtual Care & Telehealth, Nutrition and Fitness and additional Wellness Resources including Cigan EAP